

## Abstract of the Disclosure

An Internet-based information and communication system with at least one computer functioning as central server, wherein the system comprises information carriers, which can be distributed by at least one users to certain persons, each information carrier having a carrier-specific access code, through the input of which on an external computer on a central access page made available by the central server, a code-specific information page, which is assigned to the access code, can be assembled by the user and expanded by the input of a different access code by hyperlinks assigned to the latter, can be called.

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